Shealthassist®

Rates

GSC Health Assist ZONE plans offer varying levels of health, dental, drug and travel coverage in a selection of bundled plans – at competitive prices.

Time to ZONE in on the plan that's right for you...

Individual Health & Dental Plans



ZONE plans equal valuable coverage at competitive prices

GSC Health Assist ZONE® plans are designed to cover the gaps in your provincial health insurance plan. And provincial plans differ a little from province to province.

That's why ZONE rates vary a bit depending on where you live.

There are three ZONE rate categories.

And so there's no mystery – here are the definitions...

Single: applies to the applicant only.

Couple: applies to the applicant and spouse/partner

OR the applicant and one dependent child under age 21.

Family: applies to the applicant and spouse/partner and dependent children under age 21.

Some additional details to note...

Rates are effective April 1, 2020.

Rates and/or benefits are subject to change; GSC will provide plan members with thirty (30) days written notice.

Rates are based on age of the primary applicant at the time of application.

Rates will increase as an individual's age increases in accordance with published age bands.

Effective April 1, 2020

Effective April 1, 2020 Monthly Rates for Residents of:		ZONE Plan 1			ZONE Plan 2			ZONE Plan 3			ZONE Fundamental Plan					
		Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family			
	18 - 44	\$26	\$48	\$61	\$78	\$146	\$191	\$84	\$159	\$207	\$86	\$153	\$224			
	45 - 54	\$27	\$50	\$65	\$79	\$150	\$195	\$85	\$161	\$210	\$103	\$184	\$263			
	55 - 59	\$29	\$54	\$67	\$81	\$153	\$199	\$86	\$163	\$213	\$108	\$193	\$280			
	60 - 64	\$30	\$57	\$73	\$83	\$154	\$200	\$87	\$165	\$215	\$114	\$210	\$297			
nbia	65+	\$36	\$70	\$87	\$89	\$168	\$217	\$95	\$180	\$230	\$110	\$199	\$285	Optional F	lospital Accom	modation –
British Columbia			ZONE Plan 4			ZONE Plan 5		ZONE Plan 6			ZONE Plan 7				dded to any ZO	
sh C	AGE	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family
Briti	18 - 44	\$52	\$98	\$125	\$110	\$209	\$271	\$125	\$235	\$305	\$160	\$304	\$406	\$5	\$8	\$11
	45 - 54	\$58	\$108	\$142	\$115	\$219	\$283	\$130	\$246	\$320	\$167	\$322	\$434	\$6	\$13	\$16
	55 - 59	\$64	\$119	\$157	\$123	\$232	\$301	\$138	\$263	\$342	\$179	\$340	\$445	\$7	\$14	\$20
	60 - 64	\$72	\$138	\$178	\$130	\$248	\$320	\$147	\$279	\$364	\$191	\$366	\$478	\$13	\$22	\$28
	65+	\$65	\$125	\$160	\$129	\$246	\$315	\$145	\$275	\$354	\$188	\$361	\$464	\$19	\$32	\$39
		ZONE Plan 1			ZONE Plan 2			ZONE Plan 3			ZONE Fundamental Plan					
	AGE	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family			
	18 - 44	\$30	\$55	\$71	\$75	\$139	\$181	\$86	\$162	\$210	\$96	\$165	\$242			
	45 - 54	\$32	\$58	\$74	\$77	\$142	\$185	\$88	\$166	\$215	\$111	\$202	\$287			
	55 - 59	\$33	\$61	\$77	\$78	\$146	\$189	\$89	\$168	\$218	\$117	\$212	\$303			
	60 - 64	\$34	\$64	\$80	\$79	\$149	\$192	\$90	\$171	\$222	\$123	\$224	\$318			
Alberta	65+	\$42	\$77	\$98	\$86	\$164	\$208	\$97	\$186	\$237	\$113	\$202	\$279	Optional F	lospital Accom	modation –
Alb		ZONE Plan 4			ZONE Plan 5			ZONE Plan 6			ZONE Plan 7			can be added to any ZONE plan		
	AGE	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family
	18 - 44	\$57	\$106	\$139	\$115	\$220	\$284	\$133	\$254	\$331	\$171	\$329	\$440	\$6	\$11	\$13
	45 - 54	\$63	\$119	\$153	\$122	\$232	\$301	\$141	\$267	\$348	\$181	\$349	\$472	\$7	\$15	\$19
	55 - 59	\$72	\$136	\$176	\$130	\$249	\$322	\$152	\$287	\$375	\$197	\$371	\$488	\$10	\$19	\$23
	60 - 64	\$81	\$153	\$199	\$140	\$265	\$346	\$161	\$306	\$400	\$209	\$401	\$525	\$16	\$27	\$36
	65+	\$74	\$139	\$179	\$134	\$261	\$335	\$156	\$300	\$386	\$203	\$396	\$506	\$21	\$38	\$48
		ZONE Plan 1				ZONE Plan 2			ZONE Plan 3		ZON	IE Fundamenta	l Plan			
	AGE	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family			
navut	18 - 44	\$25	\$47	\$59	\$57	\$106	\$137	\$65	\$123	\$159	\$87	\$144	\$230			
Z	45 - 54	\$26	\$48	\$61	\$58	\$109	\$139	\$66	\$126	\$162	\$97	\$176	\$249			
toba	55 - 59	\$27	\$51	\$65	\$59	\$110	\$145	\$68	\$128	\$166	\$102	\$184	\$265			
/Jani	60 - 64	\$28	\$54	\$67	\$60	\$112	\$147	\$69	\$130	\$168	\$111	\$196	\$279			
an, N s, Yu	65+	\$33	\$65	\$82	\$67	\$127	\$163	\$75	\$145	\$183	\$123	\$215	\$296	Optional H	lospital Accom	modation –
hewa		ZONE Plan 4			ZONE Plan 5			ZONE Plan 6			ZONE Plan 7			can be added to any ZONE plan		
Saskatchewan, Manitoba, est Territories, Yukon and Nu	AGE	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family
Sas est 1	18 - 44	\$53	\$100	\$129	\$93	\$177	\$229	\$107	\$205	\$266	\$137	\$265	\$354	\$5	\$8	\$11
		\$59	\$111	\$145	\$98	\$188	\$243	\$113	\$217	\$284	\$145	\$284	\$385	\$6	\$13	\$16
	45 - 54	Ψ07														
Northwe	45 - 54 55 - 59	\$66	\$126	\$161	\$105	\$203	\$261	\$123	\$235	\$304	\$159	\$304	\$395	\$7	\$14	\$19
			\$126 \$141 \$133	\$161 \$186 \$171	\$105 \$113	\$203 \$219	\$261 \$284 \$274	\$123 \$131	\$235 \$251 \$242	\$304 \$328 \$314	\$159 \$170	\$304 \$329	\$395 \$431	\$7 \$13 \$18	\$14 \$22 \$31	\$19 \$28

Effective April 1, 2020

onthly Rates r Residents of:		ZONE Plan 1			ZONE Plan 2			ZONE Plan 3			ZONE Fundamental Plan					
	AGE	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family			
	18 - 44	\$31	\$60	\$77	\$77	\$144	\$187	\$87	\$166	\$215	\$103	\$184	\$262			
	45 - 54	\$33	\$63	\$80	\$78	\$148	\$191	\$89	\$169	\$219	\$122	\$223	\$316			
	55 - 59	\$34	\$66	\$84	\$80	\$151	\$196	\$90	\$172	\$224	\$134	\$237	\$341			
	60 - 64	\$36	\$68	\$86	\$81	\$153	\$199	\$92	\$175	\$228	\$137	\$248	\$352			
Ontario	65+	\$42	\$81	\$101	\$88	\$170	\$215	\$100	\$190	\$243	\$121	\$219	\$314	Optional H	lospital Accom	modation –
Ont			ZONE Plan 4		ZONE Plan 5		ZONE Plan 6			ZONE Plan 7			can be added to any ZONE plan			
	AGE	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family
	18 - 44	\$66	\$127	\$163	\$125	\$234	\$305	\$141	\$268	\$349	\$181	\$347	\$464	\$6	\$12	\$17
	45 - 54	\$74	\$140	\$182	\$131	\$248	\$323	\$150	\$283	\$369	\$193	\$370	\$500	\$9	\$17	\$23
	55 - 59	\$84	\$161	\$208	\$141	\$267	\$348	\$160	\$306	\$400	\$207	\$396	\$520	\$12	\$21	\$26
	60 - 64	\$95	\$181	\$238	\$151	\$288	\$376	\$173	\$328	\$428	\$225	\$430	\$562	\$18	\$31	\$41
	65+	\$85	\$164	\$210	\$144	\$277	\$355	\$165	\$313	\$405	\$215	\$413	\$531	\$24	\$43	\$56
		ZONE Plan 1			ZONE Plan 2			ZONE Plan 3			ZONE Fundamental Plan					
	AGE	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family			
	18 - 44	\$40	\$73	\$92	\$94	\$177	\$231	\$108	\$207	\$270	\$88	\$152	\$238			
	45 - 54	\$40	\$77	\$99	\$98	\$177	\$236	\$100	\$207	\$276	\$114	\$196	\$283			
	55 - 59	\$44	\$83	\$105	\$100	\$185	\$240	\$112	\$215	\$280	\$126	\$215	\$300			
	60 - 64	\$45	\$87	\$111	\$100	\$189	\$245	\$113	\$217	\$282	\$132	\$234	\$319			
Quebec	65+	\$54	\$100	\$127	\$108	\$207	\$264	\$122	\$232	\$300	\$142	\$254	\$338	0 1		1.0
	001	ZONE Plan 4		Ψ100	ZONE Plan 5		ZONE Plan 6			ZONE Plan 7			Optional Hospital Accommodation - can be added to any ZONE plan			
Ŭ	AGE	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family	Single	Couple	Family
	18 - 44	\$58	\$109	\$143	\$124	\$234	\$304	\$144	\$273	\$356	\$185	\$353	\$473	\$6	\$12	\$17
	45 - 54	\$63	\$120	\$156	\$129	\$243	\$318	\$150	\$286	\$374	\$193	\$374	\$507	\$8	\$17	\$22
	55 - 59	\$71	\$135	\$175	\$136	\$258	\$335	\$158	\$301	\$393	\$204	\$390	\$511	\$13	\$21	\$27
	60 - 64											A447				C 4.4
		\$78	\$150	\$193	\$144	\$273	\$355	\$168	\$318	\$416	\$218	\$417	\$546	\$18	\$32	\$41
	65+	\$78 \$76	\$150 \$144	\$193 \$186	\$144 \$145	\$273 \$277	\$355 \$355	\$168 \$167	\$318 \$320	\$416 \$416	\$218 \$218	\$417	\$546 \$545	\$18 \$24	\$32 \$44	\$41
	65+		\$144			\$277			\$320		\$218	\$420	\$545			-
Jor		\$76	\$144 ZONE Plan 1	\$186	\$145	\$277 ZONE Plan 2	\$355	\$167	\$320 ZONE Plan 3	\$416	\$218	\$420	\$545			-
brador	AGE	\$76 Single	\$144 ZONE Plan 1 Couple	\$186	\$145 Single	\$277 ZONE Plan 2 Couple	\$355 Family	\$167 Single	\$320 ZONE Plan 3 Couple	\$416	\$218 ZON Single	\$420 E Fundamental	\$545 Plan Family			-
d Labrador	AGE 18 - 44	\$76 Single \$30	\$144 ZONE Plan 1 Couple \$57	\$186 Family \$74	\$145 Single \$64	\$277 ZONE Plan 2 Couple \$120	\$355 Family \$156	\$167 Single \$71	\$320 ZONE Plan 3 Couple \$134	\$416 Family \$174	\$218 ZON Single \$89	\$420 E Fundamental Couple \$153	\$545 Plan Family \$252			-
	AGE 18 - 44 45 - 54	\$76 Single \$30 \$32	\$144 ZONE Plan 1 Couple \$57 \$61	\$186 Family \$74 \$77	\$145 Single \$64 \$66	\$277 ZONE Plan 2 Couple \$120 \$122	\$355 Family \$156 \$159	\$167 Single \$71 \$72	\$320 ZONE Plan 3 Couple \$134 \$136	\$416 Family \$174 \$176	\$218 ZON Single \$89 \$106	\$420 E Fundamental Couple \$153 \$194	\$545 Plan Family \$252 \$274			-
	AGE 18 - 44 45 - 54 55 - 59	\$76 Single \$30 \$32 \$33	\$144 ZONE Plan 1 Couple \$57 \$61 \$65	\$186 Family \$74 \$77 \$83	\$145 Single \$64 \$66 \$67	\$277 ZONE Plan 2 Couple \$120 \$122 \$125	\$355 Family \$156 \$159 \$163	\$167 Single \$71 \$72 \$74	\$320 ZONE Plan 3 Couple \$134 \$136 \$141	\$416 Family \$174 \$176 \$182	\$218 ZON Single \$89 \$106 \$114	\$420 E Fundamental Couple \$153 \$194 \$212	\$545 Plan Family \$252 \$274 \$298			-
	AGE 18 - 44 45 - 54 55 - 59 60 - 64	\$76 Single \$30 \$32 \$33 \$37	\$144 ZONE Plan 1 Couple \$57 \$61 \$65 \$69	\$186 Family \$74 \$77 \$83 \$87	\$145 Single \$64 \$66 \$67 \$69	\$277 ZONE Plan 2 Couple \$120 \$122 \$125 \$128	\$355 Family \$156 \$159 \$163 \$166	\$167 Single \$71 \$72 \$74 \$76	\$320 ZONE Plan 3 Couple \$134 \$136 \$141 \$142	\$416 Family \$174 \$176 \$182 \$185	\$218 ZON Single \$89 \$106 \$114 \$124	\$420 E Fundamental Couple \$153 \$194 \$212 \$228	\$545 Plan Family \$252 \$274 \$298 \$322	\$24	\$44	\$57
	AGE 18 - 44 45 - 54 55 - 59	\$76 Single \$30 \$32 \$33	\$144 ZONE Plan 1 Couple \$57 \$61 \$65 \$69 \$81	\$186 Family \$74 \$77 \$83	\$145 Single \$64 \$66 \$67	\$277 ZONE Plan 2 Couple \$120 \$122 \$125 \$128 \$144	\$355 Family \$156 \$159 \$163	\$167 Single \$71 \$72 \$74	\$320 ZONE Plan 3 Couple \$134 \$136 \$141 \$142 \$158	\$416 Family \$174 \$176 \$182	\$218 ZON Single \$89 \$106 \$114	\$420 E Fundamental Couple \$153 \$194 \$212 \$228 \$201	\$545 Plan Family \$252 \$274 \$298	\$24		\$57
_	AGE 18 - 44 45 - 54 55 - 59 60 - 64 65+	\$76 Single \$30 \$32 \$33 \$37 \$42	\$144 ZONE Plan 1 Couple \$57 \$61 \$65 \$69 \$81 ZONE Plan 4	\$186 Family \$74 \$77 \$83 \$87 \$102	\$145 Single \$64 \$66 \$67 \$69 \$75	\$277 ZONE Plan 2 Couple \$120 \$122 \$125 \$128 \$144 ZONE Plan 5	\$355 Family \$156 \$159 \$163 \$166 \$184	\$167 Single \$71 \$72 \$74 \$76 \$83	\$320 ZONE Plan 3 Couple \$134 \$136 \$141 \$142 \$158 ZONE Plan 6	\$416 Family \$174 \$176 \$182 \$185 \$203	\$218 ZON Single \$89 \$106 \$114 \$124 \$117	\$420 E Fundamental Couple \$153 \$194 \$212 \$228 \$201 ZONE Plan 7	\$545 Plan Family \$252 \$274 \$298 \$322 \$299	\$24 Optional H can be ac	\$44 lospital Accom	\$57 \$57 modation -
_	AGE 18 - 44 45 - 54 55 - 59 60 - 64 65+ AGE	\$76 Single \$30 \$32 \$33 \$37 \$42	\$144 ZONE Plan 1 Couple \$57 \$61 \$65 \$69 \$81 ZONE Plan 4 Couple	\$186 Family \$74 \$77 \$83 \$87 \$102	\$145 Single \$64 \$66 \$67 \$69 \$75	\$277 ZONE Plan 2 Couple \$120 \$122 \$125 \$128 \$144 ZONE Plan 5 Couple	\$355 Family \$156 \$159 \$163 \$166 \$184	\$167 Single \$71 \$72 \$74 \$76 \$83	\$320 ZONE Plan 3 Couple \$134 \$136 \$141 \$142 \$158 ZONE Plan 6 Couple	\$416 Family \$174 \$176 \$182 \$185 \$203	\$218 ZON Single \$89 \$106 \$114 \$124 \$117	\$420 E Fundamental Couple \$153 \$194 \$212 \$228 \$201 ZONE Plan 7 Couple	\$545 Plan Family \$252 \$274 \$298 \$322 \$299	Optional H can be ac	\$44 Sospital Accomedded to any Zo	s57 \$57 modation - ONE plan Family
	AGE 18 - 44 45 - 54 55 - 59 60 - 64 65+ AGE 18 - 44	\$76 Single \$30 \$32 \$33 \$37 \$42 Single \$66	\$144 ZONE Plan 1 Couple \$57 \$61 \$65 \$69 \$81 ZONE Plan 4 Couple \$124	\$186 Family \$74 \$77 \$83 \$87 \$102 Family \$162	\$145 Single \$64 \$66 \$67 \$69 \$75 Single \$106	\$277 ZONE Plan 2 Couple \$120 \$122 \$125 \$128 \$144 ZONE Plan 5 Couple \$204	\$355 Family \$156 \$159 \$163 \$166 \$184 Family \$266	\$167 Single \$71 \$72 \$74 \$76 \$83 Single \$125	\$320 ZONE Plan 3 Couple \$134 \$136 \$141 \$142 \$158 ZONE Plan 6 Couple \$235	\$416 Family \$174 \$176 \$182 \$185 \$203 Family \$305	\$218 ZON Single \$89 \$106 \$114 \$124 \$117 Single \$160	\$420 E Fundamental Couple \$153 \$194 \$212 \$228 \$201 ZONE Plan 7 Couple \$304	\$545 Plan Family \$252 \$274 \$298 \$322 \$299 Family \$406	Single	\$44 Sospital Accomedded to any Zocaple \$12	\$57 \$57 modation - ONE plan Family \$15
	AGE 18 - 44 45 - 54 55 - 59 60 - 64 65+ AGE 18 - 44 45 - 54	\$76 Single \$30 \$32 \$33 \$37 \$42 Single \$66 \$72	\$144 ZONE Plan 1 Couple \$57 \$61 \$65 \$69 \$81 ZONE Plan 4 Couple \$124 \$139	\$186 Family \$74 \$77 \$83 \$87 \$102 Family \$162 \$179	\$145 Single \$64 \$66 \$67 \$69 \$75 Single \$106 \$113	\$277 ZONE Plan 2 Couple \$120 \$122 \$125 \$128 \$144 ZONE Plan 5 Couple \$204 \$217	\$355 Family \$156 \$159 \$163 \$166 \$184 Family \$266 \$282	\$167 Single \$71 \$72 \$74 \$76 \$83 Single \$125 \$132	\$320 ZONE Plan 3 Couple \$134 \$136 \$141 \$142 \$158 ZONE Plan 6 Couple \$235 \$251	\$416 Family \$174 \$176 \$182 \$185 \$203 Family \$305 \$326	\$218 ZON Single \$89 \$106 \$114 \$124 \$117 Single \$160 \$170	\$420 E Fundamental Couple \$153 \$194 \$212 \$228 \$201 ZONE Plan 7 Couple \$304 \$328	\$545 Plan Family \$252 \$274 \$298 \$322 \$299 Family \$406 \$442	Single \$6 \$8	s44 Society of the state of th	modation - ONE plan Family \$15
New Brunswick, Nova Scotta, Prince Edward Island, Newfoundland and Labrador	AGE 18 - 44 45 - 54 55 - 59 60 - 64 65+ AGE 18 - 44	\$76 Single \$30 \$32 \$33 \$37 \$42 Single \$66	\$144 ZONE Plan 1 Couple \$57 \$61 \$65 \$69 \$81 ZONE Plan 4 Couple \$124	\$186 Family \$74 \$77 \$83 \$87 \$102 Family \$162	\$145 Single \$64 \$66 \$67 \$69 \$75 Single \$106	\$277 ZONE Plan 2 Couple \$120 \$122 \$125 \$128 \$144 ZONE Plan 5 Couple \$204	\$355 Family \$156 \$159 \$163 \$166 \$184 Family \$266	\$167 Single \$71 \$72 \$74 \$76 \$83 Single \$125	\$320 ZONE Plan 3 Couple \$134 \$136 \$141 \$142 \$158 ZONE Plan 6 Couple \$235	\$416 Family \$174 \$176 \$182 \$185 \$203 Family \$305	\$218 ZON Single \$89 \$106 \$114 \$124 \$117 Single \$160	\$420 E Fundamental Couple \$153 \$194 \$212 \$228 \$201 ZONE Plan 7 Couple \$304	\$545 Plan Family \$252 \$274 \$298 \$322 \$299 Family \$406	Single	\$44 Sospital Accomedded to any Zocaple \$12	\$57 \$57 modation – ONE plan Family \$15

Plans provided by

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